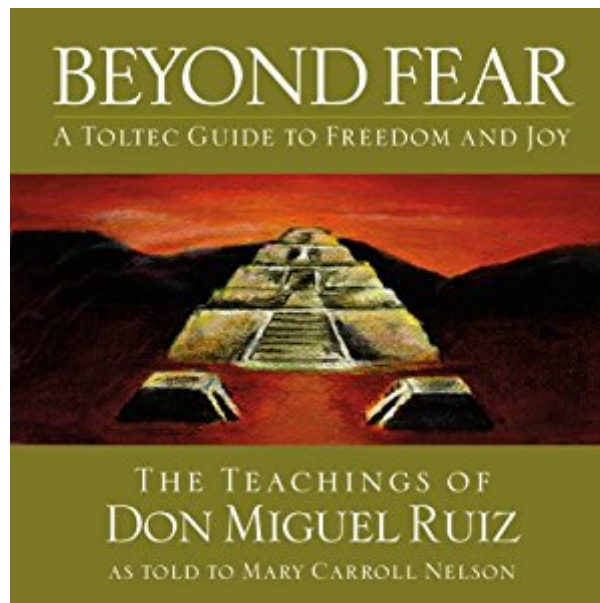




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Beyond Fear: A Toltec Guide To Freedom And Joy, The Teachings Of Don Miguel Ruiz



Synopsis

Fear is the source of all of the negative agreements we've made with life. It can alienate us from the joy that is our birthright. When we are able to look at our lives without fear or judgments, we realize that reality can be whatever we want it to be. Beyond Fear leads seekers of the Toltec way of freedom and joy on their spiritual journey into a state of empowerment. More expansive and in-depth than The Four Agreements, Beyond Fear contains information on life after death, prophecies about the evolution of humanity, and exercises and ceremonies to walk readers through the process of shedding fear and becoming spiritually and emotionally alive.

Book Information

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Customer Reviews

I've read all don Miguel Ruiz's books, and this is my favorite. It's a great summation by Nelson and sets up Don Miguel's teachings inserts perfectly to go deeper into Toltec wisdom.

Great read, great author. If you're seeking truth & knowledge for spiritual healing & growth, feed your spirit wisdom like this author gives in his writings. I highly recommend all of his books.

Recommended reading

It was a great read and took the Four Agreements steps further for me.

I read Don Miguel Ruiz books (and his family's books) every single day. In the work week, I read my book when the sun is rising to clear my mind and keep me grounded. On my lunch break, I read my book to keep my mind quiet. I do not read at night because I'm usually home at six, I watch some of Dr. Robert Morse on YouTube (please check him out, he changed my life by giving me the tools to regain my health!) and lights out at 8:30pm or so. I get up at 5am...Don't judge me. :) I also recommend subscribing to his website for daily inspiration emails... Wonderful discovery. I am so thankful for Don Miguel Ruiz and his family.

Life changing!

This book is amazing. It has me rethinking the way I believe. It also has excerpts from other authors that I will now go read. I highly recommend this book if you want to learn more about fear. Miguel Ruiz is by far my favorite author.

Once again Miguel has illuminated in intricate detail an important part of the roadmap on the journey to transcendence. A thrilling new perspective on our evolving reality with epiphanies around every corner. Recommended!

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